2018 55th WORLD ROWING FISA TOUR Costa Brava - Spain

From 13th to 20th May 2018



In 2018 the World Rowing Tour will take place in Catalonia, along the Costa Brava, just north of regional capital Barcelona.

The coastal rowing tour will be travelling from Llançà to Lloret, from 13° to 20° of May.



Tour details:

13.05.2017 (Sunday)



We will host all the rowers in Roses, which will be the northern camp base of our tour. The welcome ceremony and briefing will be held in the hotel, during the presentation dinner.







14.05.2017 (Monday)



Llançà → Cadaqués

A coach will take the rowers to the Platja de Llançà, which will be the starting point of the tour.

The stage will take you to Cadaqués (around 20 km), rowing past the quaint fishing town of Port de la Selva and various beach coves to rest or explore including Port Lligat, Salvador Dalí's birthplace.

After lunch we will visit the fascinating Dalí Museum in Figueres, having dinner nearby, before heading back to the hotel.

15.05.2017 (Tuesday)



Cadaqués → Roses

Rowers will travel a similar distance from Cadaqués to Roses, still around the impressive Cap de Creus. Main attractions include the Cala Montjoi – world famous spot best known as the home of the restaurant El Bulli - , or the Almadraba beach.

We will be able to discover more regional attractions, heading to the amazing Sant Pere de Rodes Monastery, for another guided visit. Rowers will still spend the night in Roses.

16.05.2017 *(Wednesday)*

Roses → l'Estartit

The third rowing stage will take participants from Roses to L' Estartit (around 28 km), rowing by the Bird watching haven of the Aiguamolls de l'Empordà Natural Park, or the rugged coastline around L'Escala and Empúries.

Later on you will visit the charming medieval towns of Pals and Peratallada. Rowers will sleep in the southern camp base hotel in Sant Pol beach, next to S'Agaró.

17.05.2017 *(Thursday)*



L'Estartit → Calella de Palafrugell

This stage travels from L'Estartit to Calella de Palafrugell (about 22 km). During the morning you will admire beautiful spots and beaches along the Begur area.

Before having dinner by the lake of Banyoles, you will have the chance to hear fascinating rowing stories around the 1992 Olympics Rowing event, and enjoy a fun and friendly <u>Dragon boat regatta amongst the participants</u>.

18.05.2017 (Friday)



Calella de Palafrugell → **St. Feliu**

This morning will take us to Sant Feliu de Guíxols (around 20 km). On the way you will admire the Cala de Castell, near Palamós, and finalize the stage very near your hotel.

In the afternoon you will be toured around the city of Girona, full of life and history, and will enjoy dinner in town.

19.05.2017 (Saturday)



St. Feliu → Lloret de Mar

The last day in the water will take rowers to Lloret, covering a similar distance as the day before and encountering numerous beach coves and the famous walled town of Tossa de Mar.

Upon arrival to the end of the tour, you will be able to experience rowing in a Catalan traditional boat, the Llagut. You can then spend the rest of the afternoon enjoying lunch and free time in the arrival beach before heading back to the hotel, ready for the farewell dinner.

20.05.2017 (Sunday)

Departure day

After breakfast, our coach will transfer all rowers to Barcelona or Girona airports, or just drop you at a convenient location if you want to spend more time discovering the region on your own.

Accommodation

Hotel Prestige Victoria - Roses

The Prestige Victoria overlooks Santa Margarita Beach and all the rooms have sea views. The property includes saunas, a heated indoor swimming pool, a hydromassage bath and experience showers. There is also a relaxation area and gym.









Ilunion Caleta Park - S'Agaró

Experience the magic of the Mediterranean situated in the spectacular beach of S'Agaró (Gerona), a town that has been declared a Historical Artistic Site and Place of Cultural Interest, where you can delight in the most spectacular sunrises of the Catalan coastline.









Attendance fee



INCLUDED: Barcelona or Girona airport and city transfer shuttles (inbound / outbound), transportation from hotel- starting point or finishing point-hotel, transportation to all attractions, plan B excursions in case of bad weather, hotel accommodation based on twin rooms, food and beverages, logistics, trips, boats and equipment rentals (including lifejacket), land ambulance services during the rowing stages, tickets to detailed attractions, welcome pack, daily rowing snack.



NOT INCLUDED: Extra alcoholic beverages, single room supplement, tickets to attractions not detailed on itinerary, exclusive transfers or transfers from a different airport or location.

1.525€
per participant



Closing dates for entries 28th January 2018

Updating bulletins will be posted at

www.costabravarowingtour.com



Organizers





Partners















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